



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1

M Spaghetti bolognaise (DF)
 V Red lentil & spinach dhal (DF)
 S Garlic bread, veg of the day
 D Chocolate cracknel

M Cajun style pork strips in pitta bread (DF)
 V Bean paella (DF)
 S Pasta, veg of the day
 D Ginger slice & toffee sauce

M Roast chicken (DF) & Yorkshire pudding
 V Cheese & broccoli bake
 S Roast or mashed potato, veg of the day, gravy
 D Mini donuts

M Beef curry (DF)
 V Onion bhaji
 S Rice, spiced potatoes, naan bread, veg of the day
 D Orange & mango smoothie

M Fish fingers & tomato sauce (DF)
 V Vegetable fajitas (DF)
 S Chips, pasta, veg of the day
 D Home-made cookie & fruit juice

Week 2

M Toad in the Hole
 V Vegetarian burger
 S Pasta, sauté potatoes, veg of the day, gravy
 D Muesli crunch

M Home-made sausage rolls (DF)
 V Vegetable samosa (DF)
 S Pasta, mashed potato, beans
 D Short cake & custard

M Roast gammon & pineapple (DF)
 V Sweet potato casserole
 S Roast or mashed potatoes, veg of the day, gravy
 D Fruit cocktail & ice-cream

M Chicken & ham pie
 V Vegetable nuggets
 S Pasta, potato, veg of the day
 D Banana & chocolate slice

M Salmon bite & tomato sauce (DF)
 V Cheesy wheel
 S Chips, pasta, veg of the day
 D Home-made cookie & fruit juice

Week 3

M Cottage pie
 V Vegetarian stir fry (DF)
 S Crusty bread, veg of the day
 D Flapjack

M Chicken nuggets & tomato sauce
 V Tomato pasta bake (DF)
 S Pasta, wedges, veg of the day
 D Chocolate cake & chocolate sauce

M Roast pork loin & stuffing (DF)
 V Roasted vegetable tartlet
 S Roast or mashed potatoes, veg of the day, gravy
 D Raspberry ripple mousse

M Meat feast pizza
 V Veggie sausage (DF)
 S Pasta, potatoes, veg of the day
 D Lemon Sponge

M Fish fillet & tomato sauce (DF)
 V Quorn dippers
 S Chips, pasta, veg of the day
 D Home-made cookie & fruit juice

If you have any allergy concerns, please call in and see Sally the canteen manager

Key to menu items: M: Main V: Vegetarian S: Sides D: Dessert (DF) Dairy Free Week 1 Week 2 Week 3 Holiday/inset
 Jacket potato, yoghurt, fresh fruit and fresh salad are available every day

September 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October 2021						
S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November 2021						
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

January 2022						
S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February 2022						
S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					